# INDUSTRY SAVVY RIGOROUS STUDY INNOVATIVE TEACHING CUTTING-EDGE DEGREES

Success is the language we speak.

Part-time programs offered evenings & online at BU's Metropolitan College.

Undergraduate Open House Saturday, August 13, 10:30 a.m.

Sign up at bu.edu/met/info.







Mass. voters get another choice for president. 4





### **Education That's Built Around You**

Over 400 affordable courses that fit into your busy life

Online, evenings, weekends, and off-campus

Learn more: caps.umb.edu/fall

CAPS courses begin 9/9

COLLEGE OF ADVANCING AND PROFESSIONAL STUDIES at UMass Boston



### DATA RECORDER FROM SUNKEN CARGO SHIP EL FARO RECOVERED

The data recorder from the cargo ship El Faro, which sank near the Bahamas during a Caribbean hurricane last October, has been recovered, offering possible answers about why the vessel went down, the U.S. National Transportation Safety Board said on Tuesday. The device, found late on Monday on the ocean floor after 10 months of searching, could provide navigational data and communications between crew members that could help determine what happened in the final hours before the 790-foot ship sank, officials said. REUTERS

### US APPROVES \$1.15B SALE OF MILITARY EQUIPMENT TO SAUDI ARABIA

The State Department has approved the potential sale of more than 130 Abrams battle tanks, 20 armored recovery vehicles and other equipment, worth about \$1.15 billion, to Saudi Arabia, the Pentagon said. The approval for land force equipment comes at a time when Saudi Arabia is leading a military coalition in support of Yemeni forces loyal to the exiled government of President Abd-Rabbu Mansour Hadi who are trying to oust Iran-allied Houthi forces from the capital, Sanaa. The coalition's air strikes have come under criticism from rights groups for the deaths of civilians. The U.S. Defense Security Cooperation Agency, which oversees foreign arms sales, said that General Dynamics will be the principal contractor for the sale, adding it would contribute to U.S. national security by improving the security of a regional partner. \*\*sums\*\*

### **US JUDGE UPHOLDS** 14-YEAR SENTENCE FOR **EX-ILLINOIS GOVERNOR**

A federal judge on Tuesday upheld the 14-year prison sentence for ex-Illinois Gov. Rod Blagojevich despite his emotional plea for leniency after an appeals court set aside part of his public corruption conviction. U.S. District Court Judge James Zagel ruled Blagojevich must remain in a Colorado prison, siding with the demand by prosecutors that he serve out his original, full term through 2024. "I am sympathetic to ... how painful this situation is to them," Zagel said, referring to Blagojevich's family. "But as I said four years ago, the fault lies with the governor." Seeking a five-year sentence that would enable him to leave prison quickly, Blagojevich, 59, apologized for his wrongdoing and the way he "fought back" against the government. Reumas



A girls' soccer team plays in the fountain at Glacken Field in Cambridge. cerry wasces

### Cambridge gets the gold in childhood obesity prevention

City achieved highest ranking for goals aimed at promoting healthy nutrition and physical activity.



The kids of Cambridge are making healthy choices, making the city among the best in the nation at preventing childhood obesity, according to a release from the Cambridge Public Health Department.

al League of Cities' Let's Move! Cities, Towns and Counties Initiative — a subset of first lady Michelle Obama's Let's Movel cam-

paign — Cambridge has earned a "gold medal" ranking in each of the five goals.

Among those are implementing better nutri-

tion and physical activity practices into early child care and education improving programs; access to healthy and affordable foods at municipal- or county-owned venues; and having local officials launch policies to increase access to play spaces.

Cambridge among 74 communities nationwide, including two others in Massachusetts, Somerville and New Bedford, to earn gold medals across the board from the Cities, Towns and Counties Initiative.

"Reducing childhood As part of the Nation- obesity has been a long-

> "Our kids have grown up playing sports in city parks and exploring Cambridge on their bikes."

Motylewski

standing public health priority in Cambridge, but first lady Michelle Obama brought a national sense of urgency to the issue," Cambridge City Manager Richard C. Rossi said in a statement. "She inspired us to pursue environmental and policy strategies that extended beyond our public schools and parks."

In 2015, 31 percent of Cambridge public school students from kindergarten to eighth grade were overweight or obese, down from 39 percent in 2004, according to data collected by the school department.

Cambridge joined the Let's Move! campaign in 2011, but has focused on promoting healthy weight for decades. A team of public health

professionals, civic leaders, city staff, parent activists and the Cambridge Public Schools began initiating healthy policies in the

1990s. Together, they incorporated healthier lunches using locally grown foods to school cafeterias, school garat elementary dens

2004

STUDENT OBESITY IN 2015

schools and model school nutrition poli-

"Our family lives in Cambridge because we can walk, bike or ride the T just about anywhere, and because of the great food culture - from grocery options to restaurants to farmers markets and school gardens," Kim tylewski, a Cambridge resident and manager of the Cambridge Winter Farmers Market, said online. "Our kids have grown up playing sports in city parks and exploring Cambridge on their bikes. "

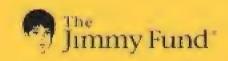


BOHYUNDRI PRESENTS
BOSTON
MARATHON
MIMMY
JIMMY
FUND

SUNDAY, SEPTEMBER 25

REGISTER TODAY TO CONQUER CANCER! JimmyFundWalk.org





### STOLEN COP CAR FOUND

#### Stolen police cruiser recovered in Somerville

Grand Theft Auto: Boston? State police said a cruiser stolen from a state Department of Transportation maintenance facility in South Boston was recovered in Somerville on Monday afternoon.

Department spokesman David Procopio told the Associated Press that the car was taken from the yard at some point Monday morning, before it was located later that day at the Twin

City Plaza parking lot around 12:45 p.m.

The vehicle was reportedly being serviced for engine trouble and didn't contain any weapons. Nothing else was taken from the cruiser, CBS Boston reported.

The cruiser was not assigned to any specific trooper and is used as a temporary replacement for troopers whose regular cars are out of service, WCVB reported.

Authorities said the vehicle was not damaged. ORE CAESAR

### Mass. voters get another choice for US president

Former Gov. William Weld turns in signatures qualifying Libertarian ticket for ballot.



Massachusetts voters officially have more options when casting their presidential ballots in November.

On Monday, former Gov. William Weld delivered thousands of voter signatures to the state elections office to qualify the Libertarian ticket for the ballot.

Weld and former New Mexico Gov. Gary Johnson plan to take the thirdparty path to the White House. Weld told reporters on Monday that "the ice is cracking a little bit."

"Just this week, I've spoken with a few Republican members of Congress who are interested in reassessing their endorsements for the fall," Weld said, according to The Boston Globe.

In order to make the ballot, a party must have 10,000 signatures. Weld's delivery of signatures Monday pushed the Libertarian party over that threshold with a total of 12,587 signatures, according to Brian McNiff, com-

munications director for the Office of the Secretary of the Commonwealth.

The Libertarian ticket currently polls at about 8 percent in surveys that include presidential candidates Donald Trump, Hillary Clinton and the Green Party's Jill Stein.

The GOP has already submitted the paperwork for Trump and vice candidate presidential Mike Pence to appear on the Massachusetts ballot. The Green Party and the Democratic Party have until Sept. 1 to qualify, according to the Globe.

"We have a path to run right up the middle and win the whole thing here," Weld said. "But Libertarians never tell other people what to do. So if anyone in the commonwealth wants to waste their vote by casting it for Trump or Clinton, it's OK with us."



30-Year Fixed Rate Mortgage

For loan amounts up to \$417,000

Don't Wait! Apply Today.



1.866.354.ECSB (3272) • ecsb.com





Member FDIC NMLS 1D# 441396 Arlington . Belmont . Cambridge . Chelsea Medford • Somerville • Weltham

Connecting with customers:

Annual Percentage Rate (APR) as of 8/9/2016 and subject to change without notice. Single Family owner-occupied purchase-money transactions and refinances for Massachusetts properties. Minimum FICO score of 740. APR and payment example\* are based on 25% down. Payment Example\*: a mortgage loan of \$375,000, 360 monthly principal and interest payments of \$1,683.92 (30 year amortization). Payment example does not include taxes, insurance, or amounts for any required mortgage insurance. The actual payment obligation will be higher. Down payments less than 20% (including condominiums) are available and require mortgage insurance. Minimum down payment is 5%. Home Owner's Insurance is required. All loans are subject to credit approval. Other restrictions may apply.

### EAR TODAY, GONE TOMORROW

Cops: Drunk woman, 19, bites off piece of policewoman's ear A Salem police officer will need reconstructive surgery after an allegedly drunk teen bit off a piece of her ear during a violent confrontation early

Sunday. Emma Wiley, 19, of Marblehead was held after a Salem Court judge found her too dangerous to release on bail.

She faces charges of mayhem, assault and battery causing serious bodily injury, resisting arrest, assault and battery on a police officer, threatening to commit a crime, disorderly conduct and having a false identification, according

to a statement from the Essex District Attorney's Office.

Authorities said that Wiley bit off a piece of Patrolwoman Jessica Rondinelli's right ear while officers were placing her in the backseat of their cruiser after a disturbance outside a Salem restaurant.

Fox 25 identified the restaurant as Tavern in the Square.

Rondinelli, reportedly a recent graduate of the police. academy, also told the network that Wiley "made numerous spontaneous threats about how she was going to have every one of us cops killed."

Wiley is due in court Aug. 30. CHRIS-CAESAR

### One Simple Trick **That Reverses Memory Loss By 12 Years**

Memory loss affects all of us as we age. We lose focus, concentration and the ability to remember simple things like names, faces, or where we placed things. But that's all about to change...

By Steven Wuzubia Health Correspondent;

Clearwater, Florida; Scientists at Kaplan Hospital studied 149 people aged 50 to 75 who were suffering from memory loss. They gave half the people this nutrient and half a placebo. After just 3 months, ALL the people taking this nutrient had significant improvements in memory and learning.

These results were so impressive, the researchers decided to look further. They found that after 12 weeks, the people taking this nutrient had an easier time concentrating, remembering telephone numbers, , and finding misplaced objects.

#### Study Proves This Cuts 12 Years Off Your "Brain Age"

In fact, while the average age of the participants was 64, their "brain age" tested at 52. This means they tested as if they were 12 years younger!

There are 61 other clinical trials and 2,800 research papers showing this nutrient helps improve memory, attention, verbal fluency, and overall mental function.

dramatic These memory improvements have been proven by double-blind, placebo controlled clinical studies at leading universities and published in medical journals including The Journal of Neurology and Neurobiology of Aging.

### End Your "Senior Moments", Worry, Embarrassment, Danger

I know it's scary ... your memory is slipping ... and you fear losing your mind, losing your independence, forgetting everything; even your children's names, being a burden to your loved ones.

You fear not being able to drive a car, not being able to play with

your grandchildren without adult supervision, or being put into a nursing home against your will.

A new natural breakthrough will not only help STOP your memory loss, but can REVERSE IT, so you can remember as good as you did long ago, and strengthen your mind ... before it's too late.

This new breakthroughs goes WAY BEYOND "the basics" of just taking a multi-vitamin with "memory support". These do NOT work because they do NOT contain this nutrient or a high enough dosage of it to work.

### All-Natural Solution Discovered

Scientists have discovered that as you get older, your brain cells die off and become dysfunctional. In fact, Georgia Tech University reports a person's memory declines by as much as 40% between the age of 25 and 65.

The sneaky thief that robs your memory is the loss of the nutrient phosphatidlyserine (PS). Your brain needs to replace this lost key nutrient to work its best, like when you were

This nutrient is in a supplement called Lipogen PS Plus. "This is pure memory fuel. In just days, you'll feel more alert, absorb new information faster and recall it immediately." says Meir Shinitzky PhD.

"This is 'the missing link' scientists have been seeking for years. "You fill up your gas tank when it is low. Doesn't your brain and memory deserve the same?"

### Help For These 17

This nutrient gives your brain what it has been missing. It gives you the essence of "new brain cells"

overcome these memory problems.

People's Names. Dates. Directions. Appointments. Where you left your eveglasses. Where you left your car keys. A phone number. An event or the time of it. Worry about your memory and "losing your mind". Something cooking in the oven. Leaving the dog outside. Leaving your grandchild in the bathtub. Trouble finding the exact words you want to say. Why you came into a room. "Mental fog" causing you to make a bad decision. If you took your medicine or not.

Your life will improve soon when you NO LONGER have these memory problems. You can soon think faster, remember more, have clearer thinking, and enjoy life to the fullest.

PS is THE ONLY natural health supplement that has a "qualified health claim for effectiveness for both cognitive dysfunction and dementia by the U.S. Food And Drug Administration (FDA).

It helps reduce everyday stress and elevate your mood. PS lowers your body's production of the hormone cortisol. When these levels are too high, you experience fatigue, sadness and stress.

You can soon be clear-headed like you used to be - with your memory sharp as a tack. You will feel better, younger, happier than you have in many years.

Now you can remember birthdays and anniversaries. Impress your friends with a sharper mind. Make more friends. Be more popular. Be better at having conversations. Remember events, jokes and stories.

A better brain will make you more valuable to your employer. Impress your boss and fellow workers. You



Reverse Memory Loss: Lipogen PS can reduce stress and reverse memory loss, improving focus and mental clarity.

could get an extra promotion or raise.

the ability

vitality."

#### "My fog has lifted"

"This has caused my mental fog to be lifted, replaced by clear thinking, memory recall, to focus and renewed

Nicholina H., West Palm Beach, FL.

### Where to Get Lipogen PS Plus

This is the official release of Lipogen PS Plus for Ohio residents.

A special phone hotline has been set up to take advantage of deep discounts during this special promotion period. Discounts will be available starting today, and the discounts will automatically be applied to all Ohio residents. Your TOLL-FREE Hotline number is 1-800-432-4252 and will be open 24-hours a day.

Give your brain what it has been missing and get rid of "brain fog" that is making you old before your time. Why struggle with memory problems anymore when you don't have to? Don't wait and let your mind get worse.

The sooner you start taking this, the sooner your memory and mind will be sharper. Save your mind, memory and future. Feel better, have more energy, enjoy life more - as thousands of others have.

Supplies of Lipogen PS Plus are currently available in your region. Consumers who miss out on our current product inventory will have to wait until more product becomes available. This could take weeks. Lipogen recommends that you call 1-800-432-4252 now to receive your special discounts from our limited supplies.

### Which of These Legs **Has Vein Problems?**



### ANSWER= All of the Above

### Do your legs suffer from any of these?

Painful Varicose Veins Itching

**W** Swelling

**Burning** 

✓ Heaviness

Dry skin

**✓** Cramps

**Wounds** 

You may have a condition called venous insufficiency. Our physicians specialize in treatment with minimally invasive endovenous laser ablation (EVLT) and ultrasound guided sclerotherapy.

### NOW OPEN IN WOBURN

Coming Soon to Framingham

### **Covered by Medicare** and most insurance plans!

CALL TODAY to schedule an initial visit with comprehensive ultrasound evaluation!

(617)858-6870

1208B VFW Parkway, Suite 200, West Roxbury, MA 02132

121 Broad Street, Lynn, MA 01902

800 West Cummings, Suite 2500, Woburn, MA 01801 855 Worcester Rd. Suite 13, Framingham, MA 01701

www.USAVeinClinics.com June, 2016 USA Vein Clinics\*, All rights reserved.

### Woman hoping to open Boston cat cafe signs lease

If you build it ... they will

That's the hope of one Boston-area entrepreneur, who said that her plans to open the city's first cat café took a step forward this month, after she signed a lease for the business.

Diane Kelly told Eater Boston that she was postponing the announcement of PURR Cat Cafe's location, but the Boston Globe reported that earlier Facebook comments indicate Kelly was eyeing a Brighton storefront.

Kelly hopes to partner with a Boston animal shelter to help provide an open-air environment for rescue cats outside of a traditional shelter, while giving patrons an opportunity to interact with the cats in a more intimate setting.

"Purr Cafe will be a safe haven for homeless cats until they find their forever home," a statement on the Purr website



A cat cafe has already opened in New York City, Miles Owon

read. "We will also work diligently to provide a great environment for our hooman [sic] friends to enjoy the company of our cats."

Kelly told the Globe last month that she's already spent. \$25,000 to hire a designer for her website and merchandising, an architect, broker and lawyer to help her through her next hurdle: the permitting and zoning process.

The Globe reported that Kelly plans to partner with a bakery to prepare and deliver baked goods prepared off-site — in order to provide some food to patrons without running into issues from the health department.

Beyond food, customers would pay a rate — Kelly reportedly paid an estimated \$12 to \$15 — for access to the animals, and any accompanying good feelings.

When I first started looking I thought: Am I crazy? Can I really make a living off a cat cafe?" Kelly said, according to the Globe. "And then I did research and I realized I could."

Kelly said she will turn to crowdsourcing for some additional revenue as well. She may have some luck - her Facebook page already has over 1,300 likes. THRIS CAESAR

### NOW IS THE IME TO BEGIN A BEAUTIFUL CAREER.



There's never been a better time to become an esthetician, massage therapist or makeup artist. The skin care business is thriving with opportunity. As the leader in esthetic education for over 35 years, our graduates are the most sought after professionals in the industry. We offer full, part-time day and evening programs. Our state-of-the-art training facility in Medford is convenient to major highways and public transportation. Classes are enrolling now. Call our admissions department at 781-960-0120. Log onto elizabethgradyedu. Your future is waiting!

School of Esthetics and Massage Therapy

**BRIEF** 

Putin and Erdogan move toward repairing ties amid

Russia and Turkey took a big step

acceleration in trade and energy ties at a time when both coun-

tries have troubled economies

President Vladimir Putin

received his Turkish counterpart

Tayyip Erdogan in a Tsarist-era

palace outside his home city of

St. Petersburg. It was Erdogan's

failed military coup, which left

and Europe badly damaged.

first foreign trip since last month's

Turkey's relationship with the U.S.

The visit is being closely

watched in the West, where some

fear both men, powerful leaders

ill-disposed to dissent, might use

pressure on Washington and the European Union and stir tensions

within NATO, the military alliance

Putin said Moscow would

against Ankara, imposed after the

Turks shot down a Russian fighter

ties to their precrisis level was the

jet near the Syrian border nine

months ago, and that bringing

their rapprochement to exert

of which Turkey is a member.

gradually phase out sanctions

and strains with the West...

toward normalizing relations, with their leaders announcing an

tension with West

### DONATE YOUR CAR

### Wheels For Wishes Benefiting

### Make-A-Wish® Massachussetts and Rhode Island



metr@media

### Photos suggest China built reinforced hangars on disputed islands

Satellite photographs taken in late July show China appears to have built reinforced aircraft hangars on its holdings in disputed South China Sea islands, a Washington-based research group said.

The hangars on Fiery Cross, Subi and Mischief reefs in the Spratly Islands have room for any fighter jet in the Chinese air force, the Center for Strategic and International Studies (CSIS) said in a report on the photographs.

The images have emerged about a month after an international court in The Hague ruled against China's claims in the resource-rich area, a decision rejected by Beijing. China claims most of the South China Sea, through which \$5 trillion in ship-borne trade passes every year. The Vietnam, Philippines, Malaysia, Taiwan and Brunei have overlapping claims.

The United States has urged China and other claimants not to militarize their holdings in the South China Sea.

CSIS said that apart from a brief visit to Fiery Cross Reef by a military transport plane earlier in the year, "there is no evidence that Beijing has deployed military aircraft to these outposts."

The rapid construction of the hangars, however, "indicates that



DigitalGlobe imagery of the Subi Reef in the South China Sea, a part of the Spratty Islands group, PHOTO DISTRICTORE WA GETTY IMAGES.

this is likely to change."

A U.S. defense official, speaking on condition of anonymity, said it was unlikely the hangers would be used for civilian purposes.

"It's not like the hangers are for mail planes, they are likely for jets," the official said.

The official added, however, that the Chinese move was seen as skirting around the line rather than crossing it, and there would be increased concern if China actually moved in military aircraft and started using a reef as a forward operating base.

China has repeatedly denied doing so and has in turn criticized U.S. patrols and exercises for ramping up tensions.

"China has indisputable sovereignty over the Spratly Islands and nearby waters," China's Defence Ministry said in a faxed response to a request for comment on Tuesday.

"China has said many times, construction on the Spratly Islands and reefs is multipurpose, mixed, and with the exception of necessary military defensive requirements, are more for serving all forms of civil needs."

The hangars show signs of structural strengthening, CSIS said. The new images were first reported by the New York Times.

Other facilities including unidentified towers and hexagonal structures have also been built on the islets in recent months, CSIS said.

### expand your business with metro.

media.metro.us

### The Law Offices of Donald E. Green now SERVES Randolph AND Roxbury

priority, asuress

The Law Offices of Donald E. Green has a new office in Randolph, Massachusetts, by appointment only. Our new office is conveniently located on the FIRST FLOOR of 500 North Main Street (Rte. 28), Unit B, Suite 2, making it easily accessible to the physically disabled and the injured. With more than 30 years in practice, The Law Offices of Donald E. Green concentrates in:

PERSONAL INJURY LAW Donald E. Green, Esq. AUTOMOBILE ACCIDENTS **SLIP AND FALLS** 

MEDICAL MALPRACTICE WRONGFUL DEATH IMMIGRATION



Annette Hill Green, Esq.

"The Law Offices of Donald E. Green is dedicated to maintaining and exhibiting its competence and expertise across the South Shore. It is our

pleasure to better serve our current and future clients at our Randolph location with the same quality and service you have come to expect of us:

We invite you to visit our website at <u>www.donaldegreen.com</u>. Call us for a free consultation in Randolph (781) 885-3244 or the main office at 2235 Washington Street in Roxbury (617) 442-0050.

Need more health care benefits than MassHealth or Original Medicare?

With Tufts Health Plan's 5-star\*rated Senior Care Options (HMO-SNP) plan, you'll receive high quality care and

TUFTS HEALTH PLAN SENIOR CARE **OPTIONS** 

with MassHealth Standard

Learn more about our plans and enroll today:

1-877-435-9008 (TTY: 1-888-899-8977)\*\* www.thpmp.org/sco

more choices—AT NO COST!



\*Medicare evaluates plans based on a 5-star rating system. Star ratings are calculated each year and may change from one year to the next. Visit www.medicare.gov for more information.
\*\*Monday - Friday 8 a.m. - 8 p.m. (Oct. 1 - Feb. 14; 7 days a week, 8 a.m. - 8 p.m.). Tufts Health Plan is an HMO-SNP plan with a Medicare contract and a contract with the Commonwealth of Massachusetts Medicaid Program, Enrollment in Tufts Health Plan depends on contract renewal. The HMO-SNP is available to anyone who has both MassHealth Standard (Medicaid) and Medicare Parts A and B. The SCO is available to anyone who has MassHealth Standard only. This information is available for free in other languages. Please call our Customer Relations number at 1-800-701-9000 (TTY 1-888-899-8977), Monday - Friday 8:00 a.m. - 8:00 p.m. (Oct. 1 - Feb. 14, 7 days a week, 8:00 a.m. - 8:00 p.m.). This document may be available upon request in an alternate format such as braille, large print, or audio. H2256\_S\_2016\_117 Accepted



### Seth Rogen not totally mad, but still kind of mad at Katherine Heigl

"Sausage Party" star Seth Rogen went on Howard Stern this week to discuss his new film ... and some of his old ones. In the course of the conversation, he unearthed the feud between himself and "Knocked Up" co-star Katherine Heigl.

"I thought she hated us," Rogen says of that "awkward" encounter between the two that Heigl described on the show months earlier. "Like, we made a movie, I was very proud of it. It was critically wellreceived and, financially, it's probably still my most successful movie. And then we just heard she didn't like it and she didn't have a good experience making it as someone who was an egomaniac, I thought, 'Oh, she must f-g hate me."

Following the release of Judd Apatow's 2007 comedy, Heigh told Vanity Fair that she felt the movie was "a little sexist," saying "it paints the men as lovable, goofy, funloving guys ... [while] I'm



playing such a bitch." She went on to say she "loved "98 percent" of the experience, but found it hard to enjoy the movie.

Rogen clearly took her words to heart, noting the comments left his "trust feelling very betrayed," and emphasizing his "open process" filmmaking, during

which Heigl could have voiced an opinion on at any time.

Regardless, he'd still kick it with her again. "I would make a dozen movies with her." he said. "I would be whatever the s-ty version of Tom Hanks and Meg Ryan is. We had a great dynamic."



comedian won't hold

back his humor.



LUKE O'NEIL @lukeoneil47 effers@metro.us

Tracy Morgan is a national treasure. If it wasn't always obvious, we were given a reminder last October when the "Saturday Night Live" veteran returned to its hallowed stage for an appearance many thought might never happen. A little over a year before then, Morgan had been involved in a horrific car cash, which took the life of one of his friends and left him terribly injured. But, in returning to "SNL" after a long recovery, it was clear that you can knock a man down, but you can't take away his funny.

Did you find there was a learning curve getting back into doing comedy?

I just had to wipe the rust off; my comedic instincts were still there |and| my timing was still there. I felt sharper, mentally, emotionally, spiritually all of the things that go into being funny. It was like, I went to heaven, and I sharpened my sword with the kings of comedy. It was awesome.

Are you doing new material?

new material. Funny is still new. That was the gift that God gave me - the funny. The gift that God gave me wasn't the material; the gift that God gave me was the funny. Material is the world that we live in, and you have to inject your funny into it.

Speaking of that, the world isn't a very funny place right now. Do you have any thoughts on that?

I leave it all in God's hands. It's a sad thing and the country's grieving like 9/11, but this is all part of the plan. It has to be.

You don't do political

stuff too much, but is it that something you touch on stage now? No, I leave that to the politicians. I stay funny. There's nothing funny about what just happened in the country. I let the politicians deal with it. They started all this mess.

You just did a film with Ed Helms - what was that like? Are you finished filming?

We just finished it and it was beautiful. Ed Helms and the director, Dito [Montiel], those are my brothers in comedy. Everyone in that film was awesome. I hope you enjoy it, and laugh ... and cry. I hope you have the emotions Jimmy Valvano said: laughing, and cry, all in one day. That's

### If you go

August 12 at 8 p.m. Cape Cod Melody Tent 21 West Main St, Hyannis \$26.50-\$68.50, melodytent.org

August 13 at 8 p.m. South Shore Music Circus 130 Sohier St, Cohasset \$26.50-\$68.50, themusiccircus.org

a hell of a day.

When talking about things we can all relate to, what types of things do you mean?

Pain, the laughter, the actions, everyday life, the struggle ... the struggle, with life. The human character. I talk about the human condition.

Have you changed the way you approach life? No, [I keep] injecting my humor into it. I never take it for granted, and any opportunity I have to make [people] laugh, I'll continue.

Do you feel like you've been given a second chance?

Yeah, God gave me one]. The doctors gave me less than 2 percent chance of living, but God gave me a second chance to live.

Have you always been spiritual?

Always. My dad instilled it in me. I see no reason not to be.

### Anna Gunn takes charge

The actress talks about "Equity" and the hurdles women in power face.



MATT PRIGGE **emattprigge** iala.prigge@metro.us

It's hard to believe "Equity" is not only Anna Gunn's first starring role since "Breaking Bad" ended, but her first starring role ever. The actress, 47, spent five seasons as Skyler, wife of chemistry teacher-turned-drug lord Walter White, on the monster hit AMC show. She bided her time looking for her big follow-up, until "Equity" offered a character of equal complexity: Naomi Bishop, an investment banker on Wall Street who tries to protect her latest client from a complicated scheme to undo their

Were you feel-

hard work.

ing particularly picky about what you did after "Breaking Bad"?

Absolutely, I felt I had been on such an extraordinary journey with extraordinary material. It opened a lot of doors; I wanted to make sure I walked through the right ones. I'd never come across a role this rich and complex, and where the character was at the forefront of the story. And the creators and con-

ceivers were these two women. The director was a woman, the writer was a woman. It's obviously a very unusual situation,

and long past due.

The film says a lot about what it's like to be a woman in power today. l agree. In the research process — which I always say is one of my favorite parts about acting - I got to talk to Barbara Byrne, who is on Wall Street and is one of the film's investors. She gave me a wealth of information. One of the things she said is when you're a known commodity on Wall Street, you feel your gender more. Any time there's been something on the news about her, she walks into the office and there's a sea of men. She thinks, "Are they talking about me? Is this going to put me in a bad position?" But she's a confident woman.

There's a parallel there with Hillary Clinton. There's so much negativity and criticism of her, but then you see how much she's done. People focus more on the negative side than the positive. They certainly do. That's

Anna Gunn plays an investment banker trying to protect her client in "Equity," in theaters Friday, sony pictures classics; getty images doesn't come into play rience across the board in with men. People aren't

something women expeevery profession. We're seeing [Clinton's] qualifications, her intellect, her policies, her track record. But everyone thinks. "Let's not focus on that, let's focus on the way she dresses or wears her hair." That's something Barbara said women have to think about a lot more than men. She picks out the color of her suit depending on the client she's dealing with. Maybe they're dealing with someone who prefers a pink suit. On another day you might need to wear that red power dress. That's something that

tweeting and blogging about men's choice of suits the next day. Laughs

There's still a lot of pushback from certain types, who are hopefully the last bastions of a dying culture.

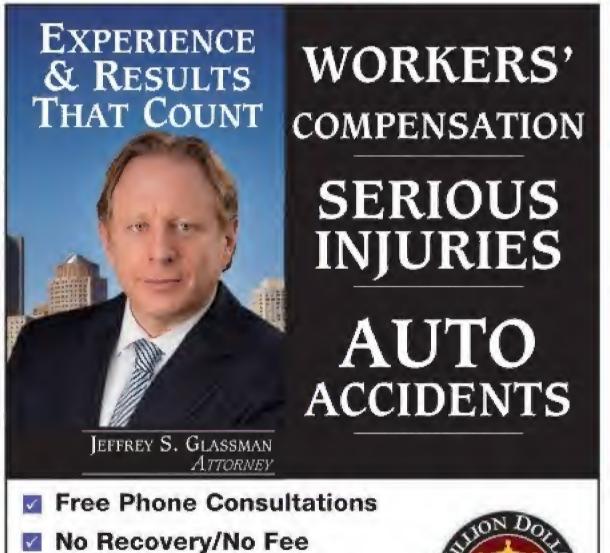
I certainly have seen that, from playing Skyler. Laughs That's why I wrote that op-ed lin The New York Times, about people voicing their hate of Skyler, because I'd been asked about it a million times and I had tried to be diplomatic about it. Eventually I wanted to say

CRAVE!

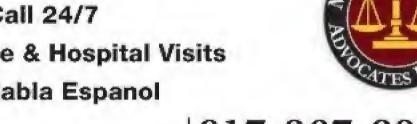
what I wanted to say. I felt it was important, because I have two daughters and I want them to know that when they grow up and go on their way that if they have something to say they should say it. Don't let anyone push you back. Keep moving forward with your goals.

You're not still getting angry messages from people watching "Breaking Bad," I hope. No. I learned my lesson, which is you don't read that stuff. And by the way, no one ever came up to me and said the things they said on the internet. Laughs

> Extended Summer Hours Mon-Sat til 8pm Sunday til 7pm



- On Call 24/7
- **Home & Hospital Visits**
- Se Habla Espanol





617-367-2900 One International Place, 18th Floor, Boston, MA 02110

JEFFREYSGLASSMAN.COM

Over 20 Shops & Eateries Sarku Japan | Thai Accent | Sushi Time Happylemon | Dunkin' Donuts Salsa's Mexican Grill I Wong's of Boston Yum Yum Noodle | Bourbon Street Café Charley's Philly Steaks I Subway Zermatt Gelateria & Café

> Bath & Body Works | Lids | Foot Paths Discovery Imports | Easy Mobile Champs | Skechers USA | Wet Seal The Jewelry Store I Sulgrave Newsstand

All at Boston's Downtown Crossing.



thecornermall.com





### **club**metr

Sign up today, win tomorrow!





Join clubmetro to get access to our exclusive offers and win great prizes.

**A \$100 VALUE** 

clubmetro.metro.us

# Saving food can save lives

Food Rescue Challenge addresses Boston's food-waste and hunger problem.



Forty percent of food made for consumption is going uneaten for reasons like oversupply and aesthetic standards for produce. To challenge that, Three Squares New England, a grassroots organization that supports hunger relief agencies in the greater Boston area, is organizing its first Ultimate Food Rescue Challenge. For one evening, people can savor meals with rescued food and get a taste of the food-waste and hunger problem in the Boston area.

For the challenge, the chefs know only a few things about their

ingredients: There will be donated grass-fed beef from Verde Farms, poultry from food rescue nonprofit Food Link and about 75 pounds of produce from Russo's, a family grocery store in Watertown. According to Three Squares Executive Director Kati Sigel, the challenge is innovating with the quality and quantity of the unknown produce and meat cuts to create a fine-dining experience for around 100 people.

For participating Chef Frank van Overbeeke, working with rescued food is a challenge he's quite familiar with. As the head chef of Pine Street Inn, a shelter that provides services to the homeless, van Overbeeke's kitchen uses rescued food on a daily basis. "It allows my cooks to be a little creative," he says. "I never know what I'm going to receive, so we



kind of have to figure it out when it shows up."

Van Overbeeke will be joined by other local chefs such as Ismail Samad, executive chef at the nonprofit grocery store and cafe Daily Table that also uses rescued food, and Joe Gatto, whose new show, "From Scratch," encourages viewers to cook from scratch with local ingredi-

### **BILL BLUMENREICH PRESENTS**

FOR TICKETS AND INFO VISIT THEWILBUR.COM



HANNIBAL BURESS AUG 10 & 11



FRANK SANTOS JR. **AUG 12** 



MICHAEL CARBONARO **AUG 20** 



AUGUST 26



SINBAD SEPT 9



HEFFERMAN SEPT 10

JOHN HODGMAN

FELIPE ESPARZA

MAZ JOBRANI

MARC MARON

BUDDY GUY

THE MUSIC OF ABBA SEPT 29 STEVE-0

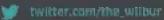
SEPT 30 GARY GULMAN

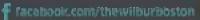
BILLY BRAGG & JOE HENRY

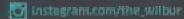
MASTERS OF ILLUSION **BACK TO THE EIGHTIES WITH** JESSIE'S GIRL

ROB SCHNEIDER

THE ADAM CAROLLA SHOW









ents. "It'll be kind of fun to share our experience on how we process and manage our food," van Overbeeke adds.

Sigel is excited to have the locally based chefs represent the collaborative effort of reducing food waste and addressing a hunger problem that affects one out of nine members of the Eastern Massachusetts community. She says, "The main aspect |of the Food Rescue Challenge| is these chefs want to be out in the crowd to mingle, answer questions and show everybody that there's good food in surplus or left on the field that's healthy and delicious and should be eaten — not abandoned."

### Tips to cook rescued food

Want to save food at home? Try these five rescued-food cooking tips from Chef Frank van Overbeeke to save fruits and veggies past their prime.

- Make stir fry. You can throw everything in them, so leave no vegetable behind!
- Flavor things up! Spices can take the place of expensive ingredients.
- Any vegetable can be pickled. Plus, it'll make them last longer.
- Make a puree or sauce with bruised or soft fruit. A drizzle will give your meat or fish dish more color.
- Roast them and add vinaigrette. So simple, yet so delicious.

The event will take place at French bistro Les Zygomates, where guests can enjoy live music and a live auction.

Thursday, Aug. 18, 6:30 p.m.-11:00 p.m., Les Zygomates, 129 South St., Boston, \$75, threesquaresne.org

### UBER

## First ride free up to \$25

From low-cost to premium, every option feels like an upgrade to the everyday. And payment is automatic-no cash, no card, no hassle.

Sign up with the code METRO25 at Uber.com/app









Mediterranean Bakery & Grill . www.bonapita.com

49 Franklin St. Downtown Boston • 857-350-4606

### Are you a SNAP recipient who wants help finding a job or training program?

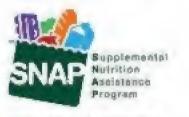


CareerSolution



Each year, JV5 CareerSolution helps thousands of people access education, training and jobs at no cost. If you live in Greater Boston, get SNAP, and need help meeting the ABAWD Work Program requirement, we can help.

Call to get started 617-399-3252



This message is funded in part by the USDA. USDA is an equal opportunity provider and employer.





### This robot helps your garden grow

FarmBot takes care of chores like weeding and watering, leaving you to sit back and relax.



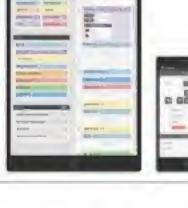
Green-fingered robots are coming to a garden near you. Yes, the Farm-Bot Genesis, developed by a team of three based in California, can sow seeds, weed and water with unrivalled precision. The Genesis, which measures 1.5 by 3 meters, slides along tracks installed either side of raised beds. The gizmo can move side to side, up and down, and forward and back, while



Now you can know exactly how your garden grows. PROVIDED

the main arm of the bot performs the planting, weeding and watering tasks. FarmBot is connected to a web app resembling Farmville, where the user lays out what they want to plant, such as potatoes, peas and artichokes. The

robot then spaces these plants at exactly the correct distances and can even monitor weather conditions. Nothing is left to chance. FarmBot founder Rory Aronson explains why this robot will revolutionize gardening.



Why did you decide to create a robot to do the gardening?

The idea came to me when I took an organic agriculture class in college. A local farmer came to talk with us about his latest tractor technology. I thought to myself, "That's cool, but where is the high-tech farming equipment for the home gardener?" FarmBot is my answer to that question.

How does FarmBot work?

FarmBot works like a very large 3-D printer but instead of extruding plastic, it plants seeds, waters them and uses sensors to learn about the soil, plants and environment in order to farm smarter over time.

Could this robot help to plant food in poor places?

Not right now. FarmBot is fairly expensive equipment at this time. Most poor people have lots of time, but not lots of

money. Whereas people with more money usually have very little time. Over time we hope to bring the cost of Farm-Bot down.

How can FarmBot help the environment?

By our analysis, Farm-Bot-grown veggies emit 30 percent less CO2 than average U.S. veggies bought at the supermarket.

What kind of technological improvements will the crowdsourcing campaign fund?

We will continue to develop new tooling and more software features, as well as reach economies of scale that can help bring the cost down for future versions.



### lease now!

2 bedroom apartments starting at \$2100

508. 535. 3444

easton.ma & 🗈





### Prep for the movepocalypse

The Sept. 1 move is a Boston tradition. Corresponding with a deluge of university students returning for the fall semester and moving off-campus or switching apartments, the day sees thousands of Bostonians in transit, navigating their new neighborhoods in brimming U-Hauls from dawn till dusk. For the unprepared with a Sept. 1 lease start date, this can be a nightmare. Starting now, here are three things you can do to preserve your sanity.

### Register parking Hor your van.

If your destination doesn't have a driveway, reserving a parking spot in front of it can shave time and keep your blood pressure out of the danger zone. Head to boston. gov's moving guide and follow the steps to get a permit online or in person. The base fee is \$50, plus \$20 a day if you're taking up a metered spot;



You might be overpacked, but don't be underprepared. BTOCK

you should also post fliers on the block at least two days before you move to let your new neighbors know the space is yours for the day.

### See if you can \_move in earlier.

If the traffic isn't enough to deter you, a report from apartment and renting app Sumu finds that the average cost of a moving company in the Boston area surges just before Sept. 1. Consider reaching out to the current tenants in your new place. They might offer to move out earlier if,

say, they have vacation plans for the last week of August.

### O Plan to avoid Odisasteron

Google "Storrowing" or ask anyone who's had the top of their moving truck peeled back by any one of the low-hanging overpasses. Chose a cargo van or a 10-foot truck if your moving journey takes you along Storrow (or Memorial Drive, on the other side of the Charles); if you can't downsize, avoid these roads altogether.





### FEATURED LISTINGS



141 South St, Unit 2 - Jamaica Plain.

Ideally located 2 bed, 1 bath condo with an updated kitchen, laundry in-unit, private back deck and one deeded parking spot. Easy access to South and Centre Street shops and restaurants.

Offered at \$399,000 | 141southst2.com Celdra Allen-Harding, 617.283.8375



#### 2 Earhart St, Unit 326 - Cambridge.

This is the 1st resale for this 1+ bed, 1.5 bath, comer unit with central a/c, master suite with walk-in closet, deeded garage parking and incredible city views from the floor to ceiling windows. Easy access to Lechmere station.

Offered at \$749,000 | 2earhartst326.com Donrutai (Amy) Henderson, 617.519.1627

#### FREE FIRST TIME HOME BUYER SEMINARS

Learn about the home buying process from industry professionals. Wed, August 17th 6pm-8pm: 1290A Beacon Street, Brookline Sat, September 10th 10am-12pm: 673 Centre Street, Jamaica Plain To register or learn more visit fthb.com or call 617.264.7900

#### UNLIMITED SOTHEBY'S INTERNATIONAL REALTY | unlimited sin.com

1290A Beacon Street, Brookline, MA 02446 | 617.264.7900 673 Centre Street, Jamaica Plain, MA 02130 | 617.522.2200

Each Office to Independently Changel and Operated, Burges by Charle Noves and with Personal



### **Winn**Residential

#### AFFORDABLE HOUSING OPPORTUNITY

#### Whittier Place

60 Southern Avenue, 86 Southern Avenue, 21 Darlington Street, 19 Darlington Street, 4-6 Lyndhurst Street, 472 Washington Street, Dorchester, MA

#### 30 Affordable Units

| # of Units | # BR | Monthly Rent    | % Income | Турс               |
|------------|------|-----------------|----------|--------------------|
| 3          | 2 BR | Income Based    | PBV/30%  | Hameless Set-Aside |
| 2          | 3 BR | Income Based    | PBV/30%  | Homeless Set-Aside |
| 4          | LBR  | \$1047 - \$1058 | 60%      | Tax Credit         |
| 21         | 2 BR | S12#9 - S1237   | 60%      | Tax Credit         |

### Maximum Income per Household Size (HUD 2016 limits)

| HH<br>Size | 30% of<br>median income | 60% of<br>median income | HH<br>Size | 30% of<br>median income | 60% of<br>median income |
|------------|-------------------------|-------------------------|------------|-------------------------|-------------------------|
| 1          | 20,650                  | 41,300                  | 4          | 29,450                  | 58,900                  |
| 2          | 23,600                  | 47,200                  | 5          | 31,838                  | 63,700                  |
| 3          | 26,550                  | \$3,100                 | 6          | 34,200                  | 68,400                  |

#### APPLICATIONS WILL BE AVAILABLE AUGUST 8, 2016 - SEPTEMBER 8, 2016

Applications may be picked up in-person at or can be requested to be sent by mail by telephone or email request from: 702 WASHINGTON STREET, DORCHESTER, MA 02124

(617) 825-8888 or codmansquare@winuco.com • TTY/TDD: (800) 439-2370 Monday, Wednesday, Friday 9:00 sm - 4:00 pm • Tuesday, Thursday, 9:00 sm - 8:00 pm • Saturday, 8:27 12:00 pm - 4:00 pm

Information sessions: Wednesday August 17, 2016 and Manday. August 22, 2016 6:00 to 8:00 p.m. at 31 Ellington Street, Dorchester, MA 02124

Reasonable accommodations made.

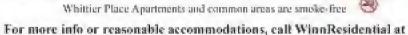
SELECTION WILL BE BY LOTTERY

ALL LOTTERY PARTICIPANTS SHALL BE NOTIFIED OF THE LOTTERY RESULTS BY MAIL

To be included in the lattery, applications must be returned to the address listed above if in person by 4:00 p.m. Thursday. September 15, 2016, or by mail to the address listed above, applications must be postmarked by September 15, 2016.

Use and Occupancy Restrictions Apply. 5 apartments have preference for households requiring an accessible unit. 5 apartments are set aside for formerly bouncless families. Income restrictions amply.

617-825-8888 TTY/TDD: (800) 439-2370



**Equal Housing Opportunity** 



### APARTMENTS

### ROXSE HOME AFFORDABLE HOUSING OPPORTUNITY **REOPENING WAIT LIST**

1042 TREMONT ST., BOSTON, MA

Roxse Home Apartments will be accepting applications for 2 bedroom family housing units under the Section 8 Program. Eligible applicants will be placed on an existing waiting list by random order via a lottery, not by the order in which the completed application is received. There are no units available at this time.

Applications will be accepted from Monday, August 8, 2016 and ending on Monday August 29, 2016 at 5:00 p.m. (the "lottery period") either in person or via the mail. They must be received or postmarked with a date of August 8th through August 29th. Applications after this date will not be accepted for the lottery. Please note that office hours for Roxse Homes Apartments are: Monday thru Friday 8:30 a.m. to 5:00 p.m. The Office will be open until 7:00 p.m. on Tuesday August 16, 2016.

The lottery selection will be held on Thursday, September 1, 2016 at Noon; you do not need to be in attendance for the selection process since you will be notified of your position on the waiting list.

Interested applicants may apply in person at the site located at Roxse Homes, 1042 Tremont Street, Boston, MA, or retrieve an application from either South End Public Library, 685 Tremont Street, Boston, MA (Hours- M-W-Thurs. 10-6; Tues 12-8; Fri 9-5; Sat.9-2 and closed Sun.) or by downloading the application at www.PeabodyProperties.com.

Completed application should be submitted to Roxse Homes at 1042 Tremont Street, Boston in person or by mail by Monday, August 29, 2016 at 5:00 p.m. NOTE: Applications will not be sent or received by fax or e-mail. Please call in advance at (617) 242-4016 or MA TTY: Dial 711 or 1.800.439.2370 if a reasonable accommodation request is needed or assistance with Limited English proficiency.

All applicants must be determined eligible in accordance with the Department of HUD regulations

Income Limits (as of 3/28/16)\*:

| нн# | Maximum Income<br>30% AMI | Maximum Income<br>50% AMI |
|-----|---------------------------|---------------------------|
| 1   | \$20,650                  | \$34,350                  |
| 2   | \$23,600                  | \$39,250                  |
| 3   | \$26,550                  | \$44,150                  |
| 4   | \$29,450                  | \$49,050                  |

and must meet the family size requirements for a designated bedroom size as well as maximum income of all family members. The waiting list will remain open after the lottery period and applications will be processed in order of receipt from that point forward.

\*Median income levels, rents & unlity allowances are subject to change based on HtiD guidelines (HUD.gov). Please inquire in advance for reasonable accommodation. Info contained herein subject to change w/o notice.





### Things to watch for as Patriots face Saints

Jimmy Garoppolo needs to look solid on Thursday.



One could easily make the case that this is the most important, or at least most intriguing, preseason in the history of the New England Patriots.

Most preseason games in the Bill Belichick era have been snooze-fests, as the team runs vanilla plays against vanilla defenses. The main takeaways from most of these games have revolved around injuries and the potential for injuries. The biggest debate after most Pats preseason games in the past 14 years has been, "Did Belichick leave Brady in too long?"

All that changes Thursday night in Foxboro when the Patriots host the New Orleans Saints (7:30 p.m., WBZ). It will be absolutely fascinating to see how Jimmy Garop-



Tom Brady and Jimmy Garoppolo have split the snaps in training camp thus far. cerry wwees

polo - who will start the first four games of the 2016 regular season due to Tom Brady's Deflategate suspension — plays. when there are true repercussions. If Garoppolo lays a dud against what was statistically the worst defense in the NFL last season (New Orleans allowed a whopping 29.8

points per game in 2015), there will be panic in the

Here are three things to watch for Thursday:

### The guy under center (duh)

Garoppolo hasn't looked great in training camp by most indications and he

was picked off in a twominute drill in a practice session against the Saints on Wednesday. (To be fair, Brady was picked off in 11-on-11 work as well.)

If there has been a trend surrounding Garoppolo in his previous two NFL preseasons however, it's that he has often looked shaky during practices but he steps up when the lights are on. In the first preseason game against the Packers last year, Garoppolo hit on 20-of-30 passes for 159 yards, zero TDs and one interception. In the next 2015 preseason game, Garoppolo went 28-of-33 for 269 yards, one touchdown and one TD. In preseason game No. 3 against Carolina, he went 13-of-17 for 126 yards, one TD and zero INTs. He did not throw a ball in the fourth preseason game against the Giants. In the 2014 preseason, Garoppolo completed 46of 79 passes total for 618 yards, five touchdowns and one INT. He finished that preseason with a 99.0 passer rating.

Brady, the backup

Brady and Garoppolo have more or less split reps in training camp, so it will be interesting to see how Belichick uses No. 12 in this game and the three preseason games that follow. Knowing Belichick, he'll do something odd like play

Brady the entire game — or sit him the entire game. If Brady does play, however, don't expect him to light the world on fire. He is never himself in these preseason games as evidenced by last year's performances during the height of Deflategate. Remember, that was a time when people thought he was going to go all scorched earth and run up scores during exhibitions. Instead, he had a miserable 37.5 passer rating in the three preseason games played.

New tovs

It will be the first chance for Patriots fans to see new tight end Martellus Bennett line up with Rob Gronkowski in something resembling game action. The duo has the potential to be one of the most formidable tight end duos in league history, so it would be fun to see a sneak preview of the damage they can

New running back Donald Brown could open some eyes as well. The 29-year-old Brown is just three seasons removed from a campaign with the Colts in which he found the end zone six times and rushed for 537 yards on 102 carries. Brown has rushed for 2,829 yards in his sevenyear NFL career.

# THE REPORT OF THE PROPERTY OF

Pick your favorite athletes and moments of 2016

VOTE NOW THEGLOBIES.COM

#TheGlobies









### Going for gold



Aly Raisman and the U.S. women's gymnastics team competed in the team all-around competition on Tuesday. For full Rio Olympics coverage, visit Metro.us. competition

### AVOID BIG-NAME QBS EARLY



Cam Newton, Aaron Rodgers and Russell Wilson are elite NFL quarterbacks. Using an early- or even midround fantasy pick on them is a highlevel mistake.

If you're in a standard one-QB league, which awards at least a half-point for a reception and only four points for a passing TD, employing a lateround quarterback strategy will yield a lot of rewards. First of all, we will stack up depth at positions where injuries are far more frequent and bust rates are far higher. Additionally, quarterback production is relatively predictable compared with other positions. And most important, there is way more supply at the quarterback position than demand: 21 quar-

terbacks outscored the No. 2 RB (Adrian Peterson) last season and the difference between the No. 24 QB (Ryan Tannehill) vs. the No. 2 QB (Tom Brady) was a mere 5.0 fantasy points per game.

Once you commit to waiting as long as possible for your quarterback, your draft plan will clear up quickly. Here are some QBs available late in drafts with big upside:

### We like that

In the 24 games Kirk Cousins has started and finished, he's averaged 279.8 passing yards per game. That would be good for second all-time, behind only Drew Brees. Cousins has gone over 300 yards passing 12 times in his 26 career starts, a rate that's better than Rodgers, Peyton Manning and Brees. So even though Cousins will throw interceptions, they'll quickly become water under the bridge as he racks up stats via DeSean Jackson, Jordan Reed,



Stay away from guys like Cam Newton, at least in the early rounds of your draft. GETTY INAGES

Pierre Garcon and Josh Doctson. He's a serious candidate to lead the NFL in passing yards yet he's consistently available in Rounds 11 or 12 of fantasy drafts.

### Remember the running

Marcus Mariota averaged 0.51 fantasy points per dropback last year, eight-best in the

Boxes, Bags, Totes, Misc.

league and a better rate than Brees, Blake Bortles, Eli Manning and Ben Roethlisberger. He did it despite averaging just 2.8 rushes per game as the Titans tried to protect their

investment. With Mariota's knees healthy and Mike Mularkey taking over on a full-time basis, we can expect more designed and improvised runs from the quarterback position. Mariota also guietly has a very high ceiling with his arm, as evidenced by four 3-TD games among the 12 he started as a rookie last year.

### **Bob and Brock**

Brock Osweiler landed in an ideal situation with the Texans. He'll be coached by QB guru Bill O'Brien, who made Christian Hackenberg look like one of the best players in the country as a true freshman at Penn State and made Brian Hoyer fantasy viable. Osweiler will operate inone of the league's fastestpaced offenses and have serious weaponry with DeAndre Hopkins/Will Fuller/Jaelen Strong. And finally, Osweiler will get six games against the leaky defenses of the Jags, Titans and Colts. It's a streamer's delight.

### **LEGAL NOTICES**

### MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Armos H. Coetro to Option One Mortgage Corporation, a California Corporation, dated May 8, 2007 and recorded with the Suffolk County Registry of Deeds at Book 41796, Page 103 subsequently assigned to Wells Fargo Bank, N.A., as Trustee for Soundview Home Loan Trust 2007-DPT2, Asset-Backed Certificates, Series 2007-0F12 by Sand Caryon Corporation (ka Option One Mortgage Corporation) by assignment recorded in said Registry of Deeds at Book 50541, Page 41; of which Mortgage the undersigned is the present holder for breach of the conditions of said Montgage and for the purpose of foreclasing same will be sold at Public Auction at 3:00 PM on August 17, 2016 at 159 Cottage Street. Unit 2, East Boston, MA, all and singular the premises described in said Mortgage, to wit:

Unit 2 in 169 Cottage Street Condominium, a condominium, situated at 159 Cottage Street, East. Boston, Suffelix County, Massachusetts, created by Master Deed dated June 19, 1985 and recorded June 28, 1985 with the Suffolk County Registry of Deeds in Book 11691, page 1 in accordance with and subject to the provisions of Massachusetts General Laws, Chapter 183A, said thirt 6 being conveyed with a 10.88% undivided interest in the common press and facilities. The Unit contains the area of 824 Square feet, and is faild out as shown on a plan recorded in Suffaik Registry of Deeds with the Master Deed and to which is affixed a verified statement in the form provided for in Massachusetts General Laws c. 1834, Section 9. The condominium Unit herein conveyed in induded with the land in the buildings, improvements and structures thereon as shown on the site plan recorded with the Waster Deed. The Unit is conveyed together with the above-listed percentage interest jaj in the common areas and facilities of the Condominium as described in the Moster Deed. and (b) in the 159 Cottage Street Condominium Trust, recorded with said Suffolk County Registry of Deeds in Book 11691, page 15, and the exclusive right to use parking space 42 shown of the site. plan hereinabove referred to. The Unit is to be used only for residential purposes and for no other purpose, except as may be expressly permitted by the Trustees in accordance with the provisions of the 159 Cottage Street Condominium Trust. The Grantee acquires the Unit with the benefit of and subject to the provisions of Massachusetts General Laws c. 1834 relating to condominisms, as their statute is written as of the date hereof, the Master Deed and Condominium Trust referred to above and any bylaws and rules and regulations form time to time adopted thereunder, and all matters of record stated or referred to in the Master Deed as completely as if each were fully set forth herein. and subject to real estate taxes attributable to the Unit which are not yet due and payable. For little see deed in Book 35597 page 074

The premises are to be sold subject to and with the benefit of all ecosments, restrictions, building and zuning laws, fiens, attorney's fees and costs pursuant to M.G.I. Ch. 183A, unpaid taxes, tax fittes, water bills, municipal liens and assessments, rights of tenants and parties in possession.

A deposit of FIVE THOUSAND DOLLARS AND GO CENTS (\$5,000.00) in the form of a certified check. bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Forectosure Sale Agreement immediately after the close of the bidding. The belance of the purchase price shall be gard within thirty (90) days. from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory. to Modgagee's attorney. The Modgagee reserves the right to bid at the sale, to reject any and all bids. to continue the sale and to amend the lerms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit poid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

#### TIME WILL BE OF THE ESSENCE.

Other terms if any, to be announced at the sale.

Wells Farge Bank, National Association as Trustee for Soundview Home Loan Trust 2007-OPT2, Asset-Backed Certificates, Series 2007-0PT2

Present Holder of said Mortgage, By its Altorneys. ORLANS MORAN PLLC PO Box 540540 Waltham, MA 02454

July 27, 2018, August 3, 2018 and August 40, 2016 Phome: (781) 790-7800 • 14-013216

### PS ORANGECO, INC. NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 08/25/16 PS ORANGECO, Inc., 140 Broadway, Everett, MA 02149. The personal goods sloved therein by the below named occupant (s):

Caruso, Robert

| Market Sale | ALCOHOLD IN       | December 1                                    | Decrees, Dagger, February Wilson.        |
|-------------|-------------------|---|--|
| Unit        | 1082              | Prosser, Beverly                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 1093              | Collins, Jacqueline                           | Boxes, Bags, Totes, Misc.                |
| Unit        | 1131              | Beninca, Rodrigo                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 1139              | Alston, Andre                                 | Boxes, Bags, Totes, Misc.                |
| Unid        | 2030              | Gaston, Mitchelle                             | Boxes, Bags, Totes, Misc.                |
| Unit        | 2067              |   | Barros Bass Tates Miss                   |
| -           | The section was   | Grant, Paul                                   | Boxes, Bags, Totes, Misc.                |
| Unit        | 2077              | Hastings, Naomi                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 2078              | Dornavil, Julson                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 2081              | Turner, Robert                                | Boxes, Bags, Totes, Misc.                |
| Unid        | 2104              | Laincy, Jean                                  | Boxes, Bags, Totes, Misc.                |
| Unit        | 2119              | Floyd, Frank                                  | Boxes, Bags, Totes, Misc.                |
| Unit        | 2134              | HAY, ANA                                      | Boxes, Bags, Totes, Misc.                |
|             |                   |   | Davies Davis Total Miss.                 |
| Unit        | 2149              | Turner, Carmen                                | Boxes, Bags, Totes, Misc.                |
| Unid        | 2150              | Corado, Luis                                  | Boxes, Bags, Totes, Misc.                |
| Unid        | 2192              | Abrea, Veronica                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 2200              | Garon-Sanders, Charmaine                      | Boxes, Bags, Totes, Misc.                |
| Unit        | 2210              | Flores, Jose                                  | Boxes, Bags, Totes, Misc.                |
| Unit        | 2219              | McLean, Grace                                 | Boxes, Bags, Totes, Misc.                |
| Unit        | 2246              | Hoydick, Jillian                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 3008              | Difucer, Lucy                                 | Boxes, Bags, Totes, Misc.                |
|             |                   |   | Orner Dawn Tohan Miss.                   |
| Unit        | 3021              | Perry, Jenneter                               | Hoxes, Bags, Totes, Misc.                |
| Unit        | 3025              | Rifey, Burny                                  | Boxes, Bags, Totes, Misc.                |
| Unid        | 3029              | Melellus, Stevenson                           | Boxes, Bags, Totes, Misc.                |
| Unit        | 3050              | Nocella, Raymond                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 3077              | Garcia, Stephanie                             | Boxes, Bags, Totes, Misc.                |
| Unit        | 3083              | Bienaime, Marie                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 3101              | Carvin, Ann                                   | Boxes, Bags, Totes, Misc.                |
| Unit        | 3114              | Desta, Temesgen                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 3121              | Kelley, Ellen                                 |  |
|             | 3162              |   | Boxes, Bags, Totes, Misc.                |
| Unit        |                   | Tran, Danny                                   | Boxes, Bags, Totes, Misc.                |
| Unit        | 3182              | Avery, Kimberise                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 3200              | Lynch, Marytheresa                            | Boxes, Bags, Totes, Misc.                |
| Unit        | 3215              | Latimore, Olim                                | Boxes, Bags, Totes, Misc.                |
| Unit.       | 3223              | Joseph, Evence:                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 3243              | Ferguson, Jayson                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 3256              | Davis, Jim                                    | Boxes, Bags, Totes, Misc.                |
| Unit        | 3265              | Lynch, Marytheresa                            | Boxes, Bags, Toles, Misc.                |
| Unit        | 3295              | Buth, Mike                                    | Boxes, Bags, Toles, Misc.                |
| Unit        | 3291              | Pilkington, Linda                             |  |
| Unit        |                   |   | Boxes, Bags, Totes, Misc.                |
|             | 4008              | Demeo, Lisa                                   | Boxes, Bags, Totes, Misc.                |
| Unid        | 4013              | Cha Cha Cha Taqueria, Cha                     | Boxes, Bags, Toles, Misc.                |
| Unit        | 4058              | Rosa, Noemi                                   | Boxes, Bags, Totes, Misc.                |
| Unit        | 4092              | Herrera, Santrago                             | Boxes, Bags, Totes, Misc.                |
| Unit        | 4303              | Sampognaro, Oylar                             | Boxes, Bags, Totes, Misc.                |
| Unit        | 4107              | Golinski, Chris                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 4111              | Sayson, Daniel                                | Boxes, Bags, Totes, Misc.                |
| Unit        | 4128              | Sousa, Shawn                                  | Boxes, Bags, Totes, Misc.                |
| Unit        | 4133              | Smith Jr, Jeffrey                             | Boxes, Bags, Totes, Misc.                |
|             |                   |   |  |
| Unit        | 4169              | Mcdaniel, Quiana                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 4180              | Anderson, Erik                                | Boxes, Bags, Totes, Misc.                |
| Unit        | 4203              | Spearman, James                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 4304              | Bermeche, Edens                               | Boxes, Bags, Totes, Misc.                |
| Unit        | 4309              | Jean, Ursule                                  | Boxes, Bags, Totes, Misc.                |
| Unit        | 4310              | Detoledo, Marcos                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 4327              | Wilson, Senecca.                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 4336              | Santiago, Tamara                              | Boxes, Bags, Totes, Misc.                |
| Unit        | 1.47              | Rivera, Christine                             | Boxes, Bags, Totes, Misc.                |
| Unit        | L57               | Chimire, Navin                                | Boxes, Bags, Totes, Misc.                |
|             |                   |   |  |
| URCH/S      | EST MATERIE BE MA | ADE AT TIME OF SALE WITH CASH ONLY, ALL GODGS | SOLD "AS IS" and most be removed at time |

of sale, PS DRANGEOD, N.C. reserves the right to withdraw units from sale and to cancel auction without further notice. Andrew Berg, agent for owners. Notice posted August. 10th and August 17th 2016

### PS ORANGECO, INC. NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE LINDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9.00 am on 08/25/16 PS ORANGECO, Inc., 650 Eastern Avenue, Malden, MA 02148.

| Unit  | A1022 | Higgins, Anna       | Boxes, Bags, Totes, Misc  |
|-------|-------|---------------------|---------------------------|
| Unit  | A1055 | Jacques, Kennoth    | Boxes, Bags, Totas, Misc  |
| Unid  | A1072 | Rumsey, Janel       | Boxes, Bags, Totes, Misc  |
| Until | A1090 | Clarke, Shawn       | Boxes, Bags, Totes, Misc  |
| Unit  | A1101 | Silva, Jake         | Boxes, Bags, Totes, Misc  |
| Unit  | A1133 | Stroud, Utysses     | Boxes, Bags, Totas, Misc  |
| Unit. | A1158 | Grierson, Jamie     | Boxes, Bags, Totes, Misc  |
| Unit  | A1159 | Dawkins, John       | Boxes, Bags, Totes, Misc  |
| Unit  | A1106 | Ford, Leona         | Boxes, Bags, Totes, Misc  |
| Unit  | A1192 | Louis, Precene      | Boxes, Bags, Totes, Misc  |
| Unit  | A1215 | Morabito, Michelle  | Boxes, Bags, Totes, Misc  |
| Unit  | A1219 | Kechane, James      | Boxes, Bags, Totes, Misc  |
| Unit  | A1241 | Ricci, Paplo        | Boxes, Bags, Totes, Misc  |
| Unit  | A1263 | Davis, Melba        | Boxes, Bags, Totes, Misc  |
| Unit  | A2008 | Smith, Marguerite   | Boxos, Bags, Totes, Misc  |
| Unit- | A2022 | HARPER, LOGAN       | Boxes, Bags, Totes, Misc  |
| Unit  | A2027 | Javier, Carol       | Boxes, Bags, Totes, Misc  |
| Unit  | A2048 | Arzubiaga, Rachel   | Boxes, Bags, Totes, Misc  |
| Unit  | A2053 | Toner, Tammi        | Boxes, Bags, Totes, Misc  |
| Unit  | A2086 | Rogers, Don         | Boxes, Bags, Totes, Misc  |
| Unit  | A2105 | Coito, Suzanne      | Boxes, Bags, Totes, Misc  |
| Unit  | A2106 | Blades, Ashley      | Boxes, Bags, Totes, Misc  |
| Unit  | A2110 | Murray, nicholas    | Boxes, Blags, Totes, Misc |
| Unit  | A2115 | Barnes, James       | Boxes, Bags, Totes, Misc  |
| Unit  | A2125 | Martins, Ben.       | Boxes, Bags, Totes, Misc  |
| Unit  | A2132 | Burley, Alice       | Boxes, Bags, Totes, Misc  |
| Unit  | A2151 | Hall, Charles       | Boxes, Bags, Totes, Misc  |
| Unit  | A2162 | Fitzgibbon, Jeremy  | Boxes, Bags, Totes, Misc  |
| Unit  | A2201 | Papa Jr., Richard   | Boxes, Bags, Totes, Misc  |
| Unit  | A2208 | Orcel, Eschina      | Boxes, Bags, Totes, Misc  |
| Ųnit  | A2209 | Johniken, Mildred   | Boxes, Bags, Totes, Misc  |
| Unit  | A2212 | Duff, Jennifer      | Boxes, Bags, Totes, Misc  |
| Unit  | A2270 | Metrose Care Center | Boxes, Bags, Totes, Misc  |
| Unit  | A2273 | Duff, Jenniter      | Boxes, Bags, Totes, Misc  |
| Unit; | A2307 | Heredia, Julia      | Boxes, Bags, Totes, Misc  |
| Unit  | A2308 | Taira, Daisuke      | Boxes, Bags, Totes, Misc  |
| Unit  | A2328 | Johniken, Mildred   | Boxes, Bags, Totes, Misc  |
| Unit  | A2336 | Murphy, Stephen     | Boxes, Bags, Totes, Misc  |
| Unit  | A2354 | Dutra, Wilson       | Boxes, Bags, Totes, Misc  |
| Unit  | A2362 | Lim, Jun            | Boxes, Bags, Totes, Misc  |
| Unit  | A2364 | Norris, Jay         | Boxes, Bags, Totes, Misc  |
| Unit  | A2398 | Layery, Michael     | Boxes, Bags, Totes, Misc  |

of eate, PS ORANGEOD, INC. reserves the right to withdraw units from sale and to pancel auction without further notice. Andrew Berg, agent for owners. Notice posted August 10th and August 17th 2016

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF

CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO

(SEAL)

COMMONWEALTH OF MASSACHUSETTS 16 SM 006047 LAND COURT DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

TO:

#### Beth Ann lannicelli

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act., 50 U.S.C. App. §501 et seq.:

#### Federal National Mortgage Association

claiming to have an interest in a Mortgage covering real property in Boston (East Boston), numbered 156 Porter Street Unit #313, The Porter 156 Condominium given by Beth Ann lannicelli to Mortgage Electronic Registration Systems, Inc. as nominee for Countrywide Home Loans, Inc., its successors and assigns, dated November 18, 2005, and recorded with the Sulfolk County Registry of Deeds in Book 38516, Page 270, and now held by plaintiff by assignment has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before September 5, 2016 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on July 25, 2016 Attest:

8/10/16

Deborah J. Patterson Recorder (OM 16-004795)

### COMMONWEALTH OF MASSACHUSETTS

(SEAL)

LAND COURT

16 SM 002468

### DEPARTMENT OF THE TRIAL COURT ORDER OF NOTICE

TO: Stephanie D Bonner-Lyons; Aaronne Bland, Individually and as Administratrix of the Estate of Adrienne Bonner-Bland and to all persons entitled to the benefit of the Servicemembers Civil Relief Act; 50 U.S.C. App. §501 et seg.:

Wilmington Savings Fund Society, FSB DBA Christiana Trust as Trustee for HLSS Mortgage Master Trust for the benefit of the holders of the Series 2014-1 Certificates issued by HLSS Mortgage Master Trust, claiming to have an interest in a Mortgage covering real property in Boston (Dorchester), numbered 61 Charlotte Street, given by Adrienne Bonner-Bland and Stephanie D Bonner-Lyons to Mortgage Electronic Registration Systems, Inc. as nominee for The Money Source, Inc., A New York Banking Corporation its successors and assigns, dated May 5, 2009, and recorded with the Suffolk County Registry of Deeds in Book 44961, Page 145, and now held by plaintiff by assignment has/ have filed with this court a complaint for determination of Defendant's/ Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the abovementioned properly on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before September 5, 2016 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on July 25, 2016

Deborah J. Patterson (OM 15-017507)

8/10/16

### **ITEMS WANTED**

#### **CASH FOR DIABETIC TEST STRIPS:**

Up to \$35/Box!

We will pick up same day! Must be factory sealed and unexpired.

Call Jenni for a Quote Today! 800-413-3479

www.CashForYourTestStrips.com

CARS

### Junk **Cash Paid on Spot**

No key, No title, No problem. Call now 781-964-2256

#### G. L c. 190B, § 5-304 & § 5-405 Docket No. SU16P1316PM COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT PROBATE AND FAMILY COURT

In the matter of: Seth M Fleming Of: Mattapan, MA

RESPONDENT (Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Laneille C Fleming of Mastapan, MA in the above captioned matter alleging that Seth M Fleming Is in need of a Conservator or other protective order and requesting that (or some other suitable person) be appointed as Conservator to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on tile with this court.

> Suffolk Probate and Family Court 24 New Chardon Street, Boston, MA 02:14

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 09/01/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

#### IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at state expense.

WITNESS, Hon. Joan P Armstrong, First Justice of this Court. Date: July 25, 2016



### JOBS

For more than 50 years, we've been helping individuals with mental health, disability, substance abuse, and other daily challenges achieve independence and explore possibilities.

We are currently looking for candidates to fill multiple positions:

- Program Coordinators Assistant Program Coordinators
  - Direct Support Professionals
  - Outreach Workers
     Residential Counselors in Mental Health and Developmental Services
  - Awake Overnight Staff
     Weekend Floaters
    - MASTERS Level Clinicians

For a full list of openings visit us at www.NorthSuffolk.org

Interested Candidates should send in Cover Letters and Resumes to

#### Mail Resumes:

North Suffolk Mental Health Association Attn: HR Recruiter

301 Broadway, Chelsea, MA 02150

Fax Resumes: 617-912-7971

Email Resumes: gethired@northsuffolk.org

NSMHA is an Equal Opportunity Employer

### Help Needed

HOME HEALTH AID and Shopping 1 or 2 days per week or more

\$15 thru \$20 per hour Call Richard after 9AM

617-623-1956

FOOD TRUCK hiring! cashiers & servers with driver license, cooks. Shifts available: full/part time, weekday/weekend. Apply web or email: sategrill.com/jobs info@sategrill.com

metr@classifieds

### Do you have a legal notice that you need to publish?

Metro is a newspaper of record with the Suffolk Probate, Middlesex Probate and Land Court! Publishing your notices with Metro will satisfy your legal obligation and can save you money in the process!

Do you need to publish a notice for:

- Mortgage Sale of Real Estate
- Public Notice
- COB Liquor License
- Licensing Board
- Notice of Public Hearing
- Divorces
- Care and Protection of Parental Rights
- Notice of Sale of personal Property
- Transportation
- Order of Notice

Contact the Metro today and find out how we can help while saving you money!

Herman Miles: 617-532-0105 herman.miles@metro.us

### PSYCHICS

### WORLD RENOWNED POWERFUL SPIRITUALIST & ADVISOR SHEIKH MANSOUR

From the Great Family of African Mystical Sheikh Mansour Is a Healer, a Seeing Medium, He is known all over the world by his efficient works and solving desperate cases. During his stay in New York, he is offering services:

- Return of affection
- Marital crisis
- · Family problems
- Spell
- · Protection against all evil spell or danger
- Quick union
- Love relations
- Boost business
- Absolute fidelity between spouses
  - Impotence
  - · Chance at the games
  - Problem of neighbors
  - · Lost love
  - Anxiety
  - Drug addiction
  - · Gambling and more

The intervention of Sheikh is very efficient and discreet Call at 347-261-0226

#### ITEMS WANTED

### CASH FOR RECORDS WANTED

33Lps & 45s

George 617-633-2682

Cash for Records

#### MR. KAMARA A Man with God's Natural Gifted Power



Stopped infidelity in relationships/fixed Demonic forces/aided court cases/ house cleansing/stop enemy and offer protection

Private and confidential! Don't suffer alone 1 FREE QUESTION Call Now 267-565-8858

### metraclassifieds

All classified advertising is subject to the terms and conditions of the applicable Weto Classifled rate card and to approval add appropriate at Medic II.S. option. Metro. US reserves the right to edit report. cancel or rectassify an ind, and reserves the right in convert any classified advertising to alternative formats for use and publication is other Metro U.S. publications, it is the otwerzee's sole responsibility. to check each ad the first day it is published. Melia U.S. assemes no responsibility for any reason, los any error or omission in any ad.

# FESSIONAL

To advertise call Herman Miles at 617-532-0105 or email herman.miles@metro.us

### WORKERS' COMPENSATION SERIOUS INJURIES · AUTO ACCIDENTS



- Free Consultations
- Mo Recovery/No Fee
- On Call 24/7

617-367-2900 Home & Work Visits

JEFFREYSGLASSMAN.COM Se Habla Espanol

· Have knee pain on most days

or email richard.zangari@metro.us

 Are willing to attend study visits at Tufts Medical Center-



You may be eligible for one of our current trials. You may be compensated for your time if you qualify and participate in the study.

Do your KNEES hurt?

Do you have

KNEE OSTEOARTHRITIS?

To Learn More, Contact Us: arthritisresearch@tuftsmedicalcenter.org (617) 636-5727

metr@classifieds To place an ad call 866-900-9473



### Are you a healthy adult and cigarette smoker?

If so, then you may be eligible to take part in this research study looking at how the body's immune system responds. to HIV in the lung.

You may be eligible if you are:

- 40-65 years of age
- HIV negative
- Cigarette smoker
- · Willing to undergo a bronchoscopy, an imaging study with a radioactive tracer (PET-CT scan) and an echocardiogram
  - Available for up to 5 study visits

You will receive \$50 for the screening visit and up to an additional \$625 for the procedures.

For more information, contact a member of the Clinical Team: Call: 857-268-7257

Email: ragonclinical research@partners.org

Institution: Massachusetts General Hospital and Ragon Institute of MGH, MiT and Harvard

Principal Investigator: Dr. Douglas Kwon

WORKER'S COMPENSATION More Than 35 Years Experience

> Attorney Robert F. Gabriele 617-720-7892 rigpc@aol.com

50 Congress Street, Suite 225, Boston MA, 02109

Consultation. No Fees except on Settlement



### N ROOFING



\$250 OFF Complete Strip & Rooting Job' 12 MONTHS SAME AS CASH!

Call for Details!

### metr@classifieds

To place an ad call 866-900-9473 or visit us at www.metro.us

Have you been diagnosed with

### PARKINSON'S DISEASE.

If you are over the age of 40, with no alcohol or drug dependence, you might be eligible to participate in this research study.

This study examines a method of non-invasive brain stimulation called Transcranial Direct Current Stimulation (tDCS) combined with transcranial ultrasound (TUS) and their effect on the symptoms of Parkinson's Disease.

Study visits will be conducted at Spaulding Rehabilitation Network Research Institute (SRN-RI) in Charlestown, MA, and will require 17 visits (1.5-2 hours each) over an 11-week period.

### Compensation is \$25 per visit.

For more information, please contact the Laboratory of Neuromodulation by phone at 617-952-6151 or by email at recruitment@neuromodulationlab.org.

JOBS

General Help Wanted



### NIGHT WEEKEND EMERGENCY RESPONSE PERSON

Job Overview; The Emergency Response Person (ERP) will be are liable, trustworthy person who lives onsite, rent free, to respond to emergencies nights (7PM to 7AM) and weekends. There are 2 positions available at this time. One at Constitution Co-op, located @ 42 Park Street Charlestown MA 02129 and the other at Everett, Villa Co-op, located @ 66 Main St Sverett, MA 02149 Please fill free to apply to either one of those positions. Up to 15 hours per week is authorized. Specific job duties include enswering emergencies (on call); emptying tresh nightly: cleaning lobby, community room and bethrooms on weekends; snow shoveling; light maintenance work; landscape watering and other tasks.

CSI Support & Development is a mission driven non-profit that provides seniors with high-quality affordable housing communities. Our communities are all residentcontrolled co-ops, and we need an EPIP to attend to any emergency situations and ensure that general aerols of the building and members are being met.

Resumes can be sent to maresumer@csl.com. To complete an application, come to 150 Florence Street, suite 204, Malden between 9AM & 4PM Monday through Enday.

CSI Support & Development is an equal opportunity employer.



We are seeking good people for our growing team! Dunkin' Donuts located in Terminal A, B and E at Logan Airport and in Boston (Dorchester and Rexbury) are hiring for all shifts. We are seeking PT and FT Associates

to work various shifts. Overnight and 3:30 am shifts at Logan Airport offers a differential pay rate and transportation may be available. Openers and Closers In select City stores (Dorchester and Roxbury) offer a

differential shift. We offer a good starting pay for all locations, training and career advancement. Benefits include 401K, bonuses, vacation and sick pay.

We offer career advancement opportunities. Visit us on the web and complete an application at www.thewaldwingroup.com. You may also

Call 617-541-1911



866-900-9473 or visit us at www.metro.us

**REAL ESTATE** 

Rentals

#### Boston, Roxbury:

For Rent 41 Blue Hill Ave. Unit 1. Updated 2 bedroom, 2 bath multi-level apartment on 1'st level of a gorgeous brick Brownstone! Open floor plan, in-unit laundry, back deck, permit parking available! \$2,300! Contact Lisa Bush

339-206-4312

#### SERVICES



Deep Tissue Massage Splendid Summer Weather OMG! Och-La-La!! Feels so much Better

One Hour is 60.00

The Sizzling Sunday special

is 50.00 for one hour

Hours: 10am - 9:00pm 617-481-2569

Two beautiful therapists from Chino. take care of business giving your tan

"Best Massage in Boston Area"

Free on/off Street parking 33 Fayette St., Quincy, MA

### metr@classifieds

To place an ad call 866-900-9473 or visit us at www.me tro.us

### **ENTERTAINMENT**

Berry Tales and other undeniably realistic erotic books by Essence K. Berry will leave a soprching sweetness on your tongue! You will become the players in her games of life.

You won't be able to read one page of any of her tasty books without... Up for the adventure?

Take a look inside of her books for free at

www.Amazon.com Have fun!

### The Forsyth Institute (Kendall Square)

245 First Street Cambridge, MA 02142 (Entrance at 1 Athenaeum Street)

# DENTAL RESEARCH STUDY

Seeking Volunteers with gum disease: Red, swollen, bleeding gums or gum recession

- Use of an investigational topical drug that may improve gum disease treatment
- Between the ages of 18-80
- Qualified participants will receive routine oral exams treatment for gum disease- deep scaling
- 9-month study consisting of 20 separate visits
- Qualified participants will be paid \$50 at each visit
- Qualified participants will receive total compensation of as much as \$1000 upon completion of all study visits

CALL OR EMAIL:

617.892.8600 clinicaltrialsinfo@forsyth.org

#### Across

- 1 Droned
- 7 Hood's weapon
- 10 Bank no.
- 14 Gather
- 15 PFC mail drop
- 16 Folk wisdom
- 17 Obtained
- 18 Atlas page
- 19 Lodestones attract it
- 20 Sublime (2 wds.)
- 23 Fern foliage
- 26 Tolerate
- 27 Cove
- 28 Gossamer
- 29 Mail-motto word
- 30 Summer in Savoie
- 31 Lime cooler
- 32 Go over big
- 33 Bead on a blade
- 37 KGB counterpart 38 Hail, to Caesar
- 39 Jackie's second 40 Ending for depart
- 41 Lit
- 43 Command to Fido
- 44 Refrain syllables
- 45 Feeling lousy
- 46 Ernesto Guevara 47 Leather-to-be
- 48 Black as night
- 51 Future fish 52 Fresco base
- 1 Harpy 2 Bob Hape sponsor

Down

wds.)

56 Tooth anchor

57 Road coating

63 XXI times C

65 Look intently

66 Mao — -tung

67 Street divider

58 Bowser's ID (2 wds.)

62 Prince Charles' sister

64 Come out of the shadows

3 Santa Fe hrs. 4 Rebel on the bring

metro.us

/games

53 Rain dance alternative (2

5 Correct

- 6 Places to winter 7 Stronger-tasting
- 8 Not touching:
- 9 Pith helmet 10 Adjusted the wheels
- 11 Pinkish shade
- 12 Russell of "Gladiator"
- 13 Doctrine
- 21 Cultivated
- 22 Fool
- 23 Press agent
- 24 Half diameters
- 25 Canoe anagram 29 Gothic romance
- 30 Hair-raising
- 32 Like frontier forts
- 33 Didn't dawdle
- 34 Holds sway
- 35 Ph.D. exams
- 36 Sauce with basil
- 42 Thinned out
- 46 Strong-arm 47 Secured a tent
- 48 Leftover
- 49 Explorer Byrd's book
- 50 Memorable trailblazer
- 51 Widens a hole
- 52 Elf cousin
- 54 Bill, briefly
- 55 Footnote word
- 59 Numerical prefix
- 60 Ottoman title
- 61. Ike's rank

### metro.us/crossword

| 1  | 2  | 3  | 4  | 5  | 6        |    | 7  | 8  | 9  |    | 10 | 11 | 12 | 13        |
|----|----|----|----|----|----------|----|----|----|----|----|----|----|----|-----------|
| 14 | +  | +  | 1  |    | $\vdash$ |    | 15 | +  | +  |    | 16 |    | 1  | $\dagger$ |
| 17 |    |    |    |    |          |    | 18 | +  | +  |    | 19 | +  |    | +         |
|    |    |    | 20 |    |          | 21 |    | 1  | +  | 22 | ۲  | t  |    | $\dagger$ |
| 23 | 24 | 25 |    |    |          | 26 |    | 1  |    | 27 |    |    |    |           |
| 28 |    | +  | 1  |    | 29       |    | +  |    | 30 |    |    |    |    |           |
| 31 | +  | +  |    | 32 |          |    |    | 33 |    |    |    | 34 | 35 | 36        |
| 37 |    | +  | п  | 38 | +        |    | П  | 39 | +  |    |    | 40 | +  | t         |
| 41 | +  | +  | 42 |    | +        |    |    | 43 | +  |    |    | 44 | +  | $^{+}$    |
|    |    |    | 45 | +  | +        |    | 46 |    | +  |    | 47 |    | +  | +         |
| 48 | 49 | 50 |    |    |          | 51 |    |    |    | 52 |    | +  | +  |           |
| 53 | -  | +  |    |    | 54       |    | -  |    | 55 |    | +  |    |    |           |
| 56 |    |    |    |    | 57       |    | +  |    | 58 | 1  |    | 59 | 50 | 61        |
| 62 | +  | +  |    |    | 63       |    | +  |    | 64 | 1  |    | H  | +  | +         |
| 65 | +  | +  | +  |    | 66       |    |    |    | 67 | +  |    | -  | +  | +         |

### metro.us/sudoku

### CHSY

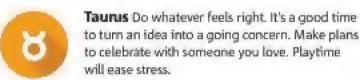
|   |   |   |   |   |   |   | 8 |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   |   | 8 |   | 2 |   |   |
|   |   | 8 | 3 | 2 |   | 7 |   |   |
| 8 | 6 |   | 2 |   | 3 | 1 |   | 7 |
|   | 1 |   |   | 4 |   |   | 2 |   |
| 5 |   | 2 | 1 |   | 8 |   | 6 | 4 |
|   |   | 6 |   | 1 | 4 | 8 |   |   |
|   |   | 7 |   | 9 |   |   | 4 |   |
|   | 2 |   |   |   |   |   |   |   |

#### hard

|   |   |   | 7 | 9 |   | 6 | 3 | 5 |
|---|---|---|---|---|---|---|---|---|
|   | 9 |   | 6 | 3 | 4 |   | 8 |   |
|   |   | 3 | 2 |   |   |   |   |   |
| 2 |   |   |   |   |   |   | 9 |   |
|   |   | 6 |   |   |   | 3 |   |   |
|   | 7 |   |   |   |   |   |   | 4 |
|   |   |   |   |   | 3 | 7 |   |   |
|   | 2 |   | 9 | 4 | 6 |   | 1 |   |
| 8 | 1 | 9 |   | 7 | 2 |   |   |   |

### metro.us/horoscopes

Aries Legal or financial contracts are highlighted. Negotiate on your own behalf. An idea you have will change the way you move forward professionally.



**Germini** Proceed with caution. Get information. firsthand. If you rely on someone else, you will be disappointed. It's up to you to bring about positive change.

Cancer The lifestyle changes you make will encourage you to get back to the people and activities that you enjoy the most. Set the stage for a romantic interlude or a fun-filled day.

Leo Emotions will surface, causing problems at home if you aren't cognizant of what those around you want. Do your best to please others without ignoring your needs.

Virgo Don't leave anything to chance. Make domestic changes and use your money wisely. Compassion and understanding are sufficient when dealing with outsiders.

### Yesterday's answers

| TEST TO | 7   | 100 |    | 700 |   | Total Control | -        | 1000 |    | 100 | - | 100  | 100 |
|---------|-----|-----|----|-----|---|---------------|----------|------|----|-----|---|------|-----|
| DE      | : N | Y   |    | 6   | 1 | Q             | В        | E    |    | B   | E | i Ri | G   |
| AE      | E   | E   |    | B   | 0 | D             | L        | N    |    | A   | L | O    | U.  |
| 5.4 6   | M   | Δ   |    | H   | S | F             | R        | S    |    | B   | H | 11.1 | (M) |
| - L     | 110 |     |    |     | 받 | -             | The Part | 1    | -  | -   |   | 분    | 1   |
| SIN     | IIU | H   | E  | U.  |   |               | C        | U    | 13 | H   |   | E    | 5   |
|         |     | N   | A  | G   |   | R             | Н        | E    | A  |     |   |      |     |
| QL      | IE  | S   | T  | T   | 0 | M             |          | 77   | D  | A   | T | E    | S   |
| UN      | A   |     | -1 | M   | R | A             |          |      | Ō  | A   | A | M    | A,  |
| AC      | P   | E   | A  | G   | E |               | P        | 8    | Y  | C   | H | 1    | C   |
| DL      | L   | L   | S  |     |   | M             | E        | C    |    |     | 0 | H    | K   |
| SI      | E   | T   | Ň  |     |   | T             | R        | U    | E  | N   | E | S    | S   |
|         |     |     | E  | Т   | Ç | H             | 11       | F    | O  | É   |   |      |     |
| UF      | A   | T   | A  | E   | E |               |          | F    | E  | W   | E | 5    | T   |
| TI      | L   | E   |    | \$  | P | O             | 1        | L    | 1  | A   | A | A    | ₿   |
| EL      | . 8 | A   |    | L   | E | A,            | ٧        | E    |    | A   | 1 | G    | S   |
| SE      | A   | L   |    | μ,  | S | K.            | E        | D    |    | K   | E | E    | 150 |
|         |     |     | -  |     |   |               |          |      | -  |     |   |      |     |

Can't wait HIBBILL tomorrow tocheck YOUR answers? VISIL metrous

**Libra** Get your chores out of the way and make the adjustments that will ensure you get to do something enjoyable before the end of the day. Don't divulge a secret.

Scorpio Set the standard. Share your intentions and move forward with or without the help of others. Trust and believe in yourself and your talents.

Sagittarius Refuse to let anyone guilt you into doing things you don't want to do. Arguing is a waste of time. If you don't like something or someone, walk away. Work on self-improvement.

Capricorn Listen to any tips or suggestions being offered in order to find a unique way to deal with a perplexing situation. Your timing will be uncanny. Love is in the stars.



Aquarius Keep an open mind, but don't let anyone use emotional manipulation on you. If samething doesn't feel right, do your own thing. Personal change will lead to interesting results.



Pisces Someone you have dealt with in the past will be your ticket to a new beginning. Don't hesitate to reconnect and make an offer that's impossible to refuse. EUGENIA LAST

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. Metro Boston 234 Congress St., 4th Fl., Boston, 02110 - main 617-

210-7905 • to advertise 617-210-7905 • Associate Publisher Steve Corcoran, steve.corcoran@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wild Maunoir • email sales adsboston@metro.us • email distribution distribution@metro.us Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertise ments, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Frank Burgos, Irank.burgos@metro .us • Managing Editor Joel Millman, joel millman@metro.us • Web Editor Cristabelle Tumola, cristabelle tumola@metro.us + Art Director Julianne Aerts, julianne aerts@metro.us

 Sports Editor Matt Burke, matthew.burke@metro.us - National Features Editor/ Style Editor Fina Chadha, lina chadha@metro.us • Entertainment/
TV Editor Rachel Raceka, rachel.raceka@metro.us • Film Editor
Certified Audit Matt Prigge, mall.prigge@metro.us • Going Out Editor Eva Ns, evalkis@metro.us • National Music Editor rachel.raczka@

metro us . Head of Production Mall Prowell, mats provelig



# CHILL OUT. DINE OUT. DINE OUT BOSTON®

AUGUST 14-19 & 21-26

LUNCH: \$15, 20, 25 DINNER: \$28, 33, 38







Presenting Sponsor:



CONVENTION & VISITORS BUREAU

Additional Spansors;







In Partnership With:



Charilable Partner,



#dineoutboston